

Montreal, Canada, one, viz. :—  
The Montreal General Hospital.

Toronto two, viz. :—  
The Toronto General Hospital.  
Grace Hospital.

Manitoba one, viz. :—  
The Winnipeg General Hospital.

This makes the report the more encouraging, for from each centre we may hope to see the movement extend, thus elevating our professional standard in this direction more rapidly.

I regret to say that the report of the eight hours' system is less encouraging. Only one training school (Johns Hopkins) has adopted it in connection with the extended course. The reason for this is readily seen, in that the three years' course is of benefit to the hospital as well as to the nurse, whereas the eight hours' system benefits the nurse only. Few hospitals provide sufficient accommodation for the nursing staff, and are unwilling to provide for the increased number that the lessened hours of work would entail. This and the increased expense raise formidable barriers; for the feeling that pupil-nurses must be paid an increasing sum each year seems to be ingrained in the minds of all hospital trustees, and until the training can be placed on an entirely educational basis, viz. :—no payments to the pupils, with first-class, well-paid teachers in every department, and systematic, progressive courses of lectures each year, by appointed salaried professors, there will be little hope of their conversion to a belief in eight hours' practical work.

Not counting "afternoons" and extra time on Sundays, I find that of these hospitals four have a working *day* of ten hours; six, nine and a half hours; three, nine hours; one, eight and a half hours; two, eight hours.

The hours of night duty, with the one exception already mentioned, are either eleven or twelve hours, and the terms of night duty vary from one to four months. The yearly vacations have in some cases been increased in length. One hospital gives four weeks yearly; five hospitals give three weeks yearly; one hospital gives two weeks the first year, and three weeks the second and third years; one hospital gives two weeks the first, three weeks the second, and four weeks the third year. One hospital gives two weeks the first and second years, and four weeks the third year. Seven still give only two weeks yearly.

The payments (or allowances as they are generally called) vary greatly. With the three years' course, and eight hours' work, the Johns Hopkins Hospital has done away with all money allowances, and supplies the uniform dress. One school provides the uniform dress, and

gives ten dollars a month additional during the third year of training. Two give a uniform allowance of ten dollars, and one of eight dollars monthly. The others all increase their payments yearly, varying in the first year from three dollars to ten dollars monthly, and in the third year from six dollars to eighteen dollars monthly. Let us hope that the day is not far distant when this money will be applied more profitably for the students in providing them with first-class instruction, and more time for study and rest, rather than by giving it into their hands to use or mis-use, as they see fit. Such a change would not only induce our more intelligent and earnest-minded women to enter the profession, but would deter many who "have a desire" to become trained nurses simply because it is the only profession they can acquire without any outlay of money.

The practical work of all these hospitals includes the nursing of medical, surgical, and gynecological cases, with attendance at operations. Eleven add obstetrical nursing, and five the nursing of contagious diseases. Twelve give instructions in sick diet cookery; and nine in massage. Three, I regret to say, send pupils out to private cases during a part of their training. One includes pharmacy in its course, another a term in the linen-room. One gives training in housekeeping; one in training school administration; and one in training school and hospital administration, including housekeeping, the purchase of food, the purchase of supplies, and office work. These last-mentioned additions to the nurses' training must prove valuable, not only to those who wish to take up hospital work exclusively, but for all, as it teaches the value of supplies, and the necessity for their economical use; the desirability of system and method, so that all departments of work may run smoothly together; and a knowledge of and sympathy with the difficulties of housekeeping. Even in private nursing this knowledge, gained before they are given responsibility, must bear fruit in making nurses more economical, careful, and thoughtful for others.

It was suggested, when the idea of extending the course was first discussed, that women would not be willing to enter for three years. Only one training school reports that the number of applications has "slightly lessened." Nine report "no change," and six report that the number has increased, and in some cases that the quality of the applicant has improved. In many of the schools a few of the pupils who had entered for two years asked to be permitted to remain a third year.

The changes have been made so recently that little as yet can be said of the results. Only one class of three-year nurses has graduated.

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